



J0530. Pain Interference with Day-to-Day Activities

Enter Code

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Ask resident: “Over the past 5 days, how often have you limited your day-to-day activities (excluding rehabilitation therapy sessions) because of pain?”

1. Rarely or not at all
2. Occasionally
3. Frequently
4. Almost constantly
8. Unable to answer

Steps for Assessment

1. Read the question and response choices as written.

Coding Instructions

Code for pain interference with day-to-day activities over the last 5 days.

- **Code 1, Rarely or not at all:** if the resident responds that pain has rarely or not at all limited their day-to-day activities (excluding rehabilitation therapy sessions) over the past 5 days.
- **Code 2, Occasionally:** if the resident responds that pain has occasionally limited their day-to-day activities (excluding rehabilitation therapy sessions) over the past 5 days.
- **Code 3, Frequently:** if the resident responds that pain has frequently limited their day-to-day activities (excluding rehabilitation therapy sessions) over the past 5 days.
- **Code 4, Almost constantly:** if the resident responds that pain has almost constantly limited their day-to-day activities (excluding rehabilitation therapy sessions) over the past 5 days.

J0530: Pain Interference with Day-to-Day Activities (cont.)



- **Code 8, Unable to answer:** if the resident is unable to answer the question, does not respond, or gives a nonsensical response.

Coding Tips

- This item should be coded based on the resident's interpretation of the provided response options for frequency. If the resident is unable to decide between two options, then the assessor should code for the option with the higher frequency.

Examples

1. When asked, "Over the past 5 days, how often have you limited your day-to-day activities (excluding rehabilitation therapy sessions) because of pain?" the resident responded, "Although I have some pain in my back, I'm still able to read, eat my meals, and take walks like I usually do."

Coding: J0530 would be **coded 1, Rarely or not at all.**

Rationale: The resident reports that pain has not limited their participation in day-to-day activities over the past 5 days.

2. When asked, "Over the past 5 days, how often have you limited your day-to-day activities (excluding rehabilitation therapy sessions) because of pain?" the resident responded, "The pain has made it hard to do pretty much anything. Even getting out of bed to brush my teeth has been hard. I haven't been able to talk to my family because the pain is so bad. It's just constant. I'd say it constantly limits what I do."

Coding: J0530 would be **coded 4, Almost constantly.**

Rationale: The resident reports that pain has constantly limited their participation in other activities over the past 5 days.

